

Antiparasitic Activity of Diterpenoids Against *Trypanosoma cruzi*

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ABSTRACT

Twenty-seven diterpenes, including abietanes, labdanes, abeoabietanes, halimanes, and pimaranes, have been evaluated against epimastigote and intracellular amastigote forms of *Trypanosoma cruzi* and also against LC5 and NCTC cell lines. Royleanones (3, 4, and 5) and a further abietane (12), obtained by purification of *Plectranthus* spp. extracts, were the most active compounds on epimastigotes, showing IC₅₀ values similar (1.73 µg/mL, 12) or even lower (0.39, 0.99, and 1.20 µg/mL, 3, 4, and 5 respectively) than the positive control nifurtimox (2.3 µg/mL). On intracellular amastigotes, abietanes 3, 4, and 5 showed a significant activity with IC₅₀ values of 0.83, <0.31, and 0.62 µg/mL, respectively, but were less potent than the positive control nifurtimox (IC₅₀ <0.16 µg/mL). Compounds 3, 4, and 5 were not cytotoxic to LC5 and NCTC 929 cells at 1 µg/mL.

Introduction

Trypanosoma cruzi is the aethiologic agent of the Chagas disease, a frequently fatal illness affecting the heart and gastrointestinal systems. An estimated 8 million people in Latin America are infected with this pathogen and it is also spreading to the USA, Canada, many parts of Europe, and the Western Pacific as a result of migratory flows [1]. Only two drugs, nifurtimox and benznidazole, are in use against chronic infections and both have limitations due to the need of a large number of doses over a long time period, side effects, and a lack of effectiveness against all stages of the disease and all strains of the parasite. Moreover, problems are encountered in their production and distribution [2]. In the United States, these drugs are not FDA approved and are available only from Centers for Disease Control and Prevention under investigational protocols. Nifurtimox is licensed for use only in Argentina and Germany. Therefore, there is still a need to find more efficient and less toxic drugs that act specifically against the pathogen.

The genus *Plectranthus* (Lamiaceae) contains about 300 species distributed in tropical and subtropical Africa, Asia, and Aus-

tralia [3]. *Plectranthus* species have medicinal properties, [4] including antiplasmodial activity against *Plasmodium falciparum* [4, 5], antileishmanial activity against *Leishmania chagasi* [6] and *L. infantum* [5], and trypanocidal activity against *Trypanosoma cruzi* and *T. brucei* [5]. The antiplasmodial activity of *Plectranthus* species has been attributed to the presence of abietane diterpenes [7].

Abietane diterpenes have been described as possessing cytotoxic, antibacterial and antiprotozoal effects [7–13], as inhibitors of T- and B-lymphocyte proliferation [14], and also as inhibitors of the growth of various human tumor cell lines [15, 16]. Diterpenes from the *Plectranthus* genus have demonstrated antimicrobial activity against *Mycobacterium tuberculosis*, *Staphylococcus aureus*, and *Enterococcus* species [17, 18]. These diterpenes have also shown antiprotozoal activity against *P. falciparum* [7]. Some abietane diterpenoids isolated from *P. barbatus* (dehydroabietane; 5,6-didehydro-7-hydroxy-taxodone; taxodione; 20-deoxocarnosol; and 6 α ,11,12,-trihydroxy-7 β ,20-epoxy-8,11,13-abietatriene) demonstrated activity on the parasitic protozoa *P. falciparum*, *L. infantum*, *T. cruzi*, and *T. brucei* [19]. Previous studies of *Aeollanthus* species (Lamiaceae) have shown antifungal, anticonvulsant

and antimicrobial activities related with the presence of abietane and pimarane diterpenoids [20, 21].

The aim of this work is to study the trypanocidal effects of seventeen natural and ten semisynthetic diterpenoids against *Trypanosoma cruzi* epimastigotes. Ten compounds, including abietanes, labdanes, and a halimane, were isolated from *Plectranthus* spp. while seven pimaranes were obtained from *Aeollanthus rydingianus*. A set of ten semisynthetic royleanone and halimane derivatives (2–8, 14, 17, and 18) were prepared from compounds 1, 12, and 16, respectively. Active diterpenes were selected for further evaluation on amastigote *T. cruzi* forms. Additionally, their cytotoxicity has been tested on LC5 (human lung fibroblasts) and NCTC clone 929 (mouse subcutaneous fibroblasts) cell lines.

Results and Discussion

The activity of the diterpenoids studied on epimastigote forms of *T. cruzi* is shown in ► **Table 1**. Royleanone abietane 1 and its semisynthetic derivatives 2–8 showed activities near 100% at 100 µg/mL. Royleanones 2–6 and 8 showed activity levels higher than 50% at 10 µg/mL, with compounds 3, 4, and 5 being active at the lowest concentration tested (1 µg/mL). Among abietanes 9–13, compound 12 showed an activity of 93.9% at 10 µg/mL, and 52.3% at 1 µg/mL. Abeoabietane 14 and halimanes 17 and 18 were close to 100% activity at 100 µg/mL, but fell below 40% at 10 µg/mL. Pimaranes 21, 24, 25, and 27 showed values close to 100% at 100 µg/mL, but only 24 and 25 exceeded 50% at 10 µg/mL. Therefore, the most active compounds 3, 4, 5, and 12, with IC₅₀ values of 0.39, 0.99, 1.20, and 1.73 µg/mL, respectively (nifurtimox: 2.3 µg/mL), were selected for a further study of their trypanocidal effects (► **Table 2**, and **Table 15**, **Figs. 15–45**, Supporting Information).

Overall, abietanes were the most active class of diterpenes. Especially potent were structures with lipophilic bulky (phenolic or propionate) substituents at C-2 (12), C-6 and/or C-12 (3–6, 8).

► **Table 3** shows the cytotoxicity of compounds 3, 4, 5, and 12 on the cell lines LC5 (human lung fibroblasts) and NCTC 929 (mouse fibroblasts). NCTC 929 cells were more sensitive than LC5 cells to these diterpenes and nifurtimox. Among these compounds, 3, 4, and 5 were not cytotoxic to NCTC 929 cells at 1 µg/mL. Therefore, these compounds were selected to test their effects on *T. cruzi* amastigotes, while compound 12 was not included in the secondary testing due to its high cytotoxicity at 100 and 10 µg/mL, with a toxicity level of 42.6% at 1 µg/mL (► **Table 3**).

► **Table 4** shows the effects of 3, 4, and 5 on amastigotes. Abietanes 3 and 5 were active up to 1.25 µg/mL, with IC₅₀ values of 0.83 and 0.62 µg/mL, respectively. Abietane 4 showed 100% activity at 0.6 µg/mL and 58.5% at 0.3 µg/mL, with an IC₅₀ < 0.31 µg/mL, (**Table 25** and **Figs. 55–75**, Supporting Information) while nifurtimox had an IC₅₀ < 0.16 µg/mL. Therefore, derivative 4 showed promising trypanocidal effects. In short, royleanone abietanes 3, 4, and 5 have shown great activity at very low concentrations against both epimastigotes and amastigotes of *T. cruzi*. Furthermore, these compounds were not cytotoxic to the host cells at concentrations with antiparasitic effect.

► **Table 1** Activity of natural and semisynthetic diterpenoids from *Plectranthus* spp. and *Aeollanthus rydingianus* on *T. cruzi* epimastigotes at concentrations of 100, 10, and 1 µg/mL. All assays were carried out in quadruplicate and were repeated three times (n = 3). Data are expressed as % growth inhibition ± standard deviation relative to untreated controls.

Compound	% growth inhibition [mean ± SD]		
	100 µg/mL	10 µg/mL	1 µg/mL
1	100.0	36.2 ± 22.0	1.8 ± 0.8
2	100.0	88.2 ± 10.5	5.2 ± 16.0
3	97.5 ± 2.3	90.7 ± 4.8	70.6 ± 11.3
4	100.0	99.8 ± 1.0	54.7 ± 31.2
5	100.0	100.0	54.7 ± 25.2
6	100.0	59.4 ± 37.2	11.1 ± 1.7
7	99.8 ± 0.3	32.5 ± 9.2	8.6 ± 0.2
8	100.0	92.1 ± 0.2	0.3 ± 4.7
9	93.9 ± 7.9	25.1 ± 4.4	9.7 ± 12.0
10	0.0	6.6 ± 0.6	3.8 ± 0.2
11	98.5 ± 2.4	12.8 ± 12.2	3.1 ± 12.6
12	100.0	93.9 ± 8.9	52.3 ± 2.4
13	24.4 ± 20.7	11.2 ± 19.8	10.8 ± 14.5
14	100.0	34.7 ± 14.9	17.3 ± 11.7
15	60.0 ± 9.5	0.0	14.2 ± 8.1
16	43.8 ± 3.3	12.3 ± 10.0	14.9 ± 0.1
17	90.0 ± 2.1	9.9 ± 2.1	12.4 ± 0.4
18	92.0 ± 7.1	37.7 ± 14.9	2.9 ± 2.1
19	0.0	4.3 ± 6.2	0.0
20	0.0	0.0	0.0
21	99.2 ± 3.8	21.1 ± 7.5	3.3 ± 4.8
22	87.6 ± 5.2	27.2 ± 23.1	14.2 ± 15.8
23	4.9 ± 1.1	0.0	5.5 ± 1.9
24	97.4 ± 5.4	70.1 ± 8.6	22.1 ± 16.9
25	100.0	64.7 ± 11.3	6.8 ± 12.9
26	78.4 ± 5.0	15.6 ± 10.8	12.3 ± 13.8
27	100.0	28.9 ± 15.0	19.4 ± 19.6
Nifurtimox	99.9 ± 0.2	100.0	20.8 ± 2.8

Other diterpenes, such as geranylgeraniol from *Pterodon pubescens* (Fabaceae), 6β-hydroxy-18-acetoxycassan-13,15-diene from *Myrospermum frutescens* (Fabaceae), cyclocoulerone and komaroviquinone from *Dracocephalum komarovi* (Lamiaceae), and 5-epi-icetexone from *Salvia gilliessi* (Lamiaceae), have previously demonstrated potent activity on epimastigote forms of *T. cruzi* [22–26]. Abietane diterpenoids taxodione, ferruginol, 6-hydroxysalvinolone, and uncinatone from the roots of *Clerodendrum eriophyllum* (Verbenaceae) have shown significant activity against promastigote forms of the trypanosomatid *Leishmania donovani*, with IC₅₀ values of 0.1, 4.0, 3.2, and 0.2 µg/mL, respectively [27]. 5,6-Didehydro-7-hydroxy-taxodone from the aerial parts of *Plectranthus barbatus* showed selective activity against *P. falciparum* (IC₅₀ 9.2 µM,) and *T. brucei* (IC₅₀ 1.9 µM) [19].

► **Table 2** Activity on *T. cruzi* epimastigotes of abietanes **3**, **4**, **5**, and **12** at lower and intermediate concentrations (5, 2.5, 1.25, 0.63, 0.31, and 0.16 µg/mL). Data are expressed as percentage of growth inhibition ± standard deviation. All assays were carried out in quadruplicate and were repeated three times (n = 3). Data are expressed as % growth inhibition ± standard deviation relative to untreated controls.

Compound	% growth inhibition [mean ± SD]					
	5 µg/mL	2.5 µg/mL	1.25 µg/mL	0.63 µg/mL	0.31 µg/mL	0.16 µg/mL
3	83.0 ± 3.9	72.8 ± 3.3	59.2 ± 3.5	49.0 ± 0.7	19.4 ± 1.0	5.0 ± 3.2
4	99.7 ± 0.3	89.0 ± 0.7	71.5 ± 4.3	23.3 ± 6.4	1.2 ± 1.1	0.2 ± 0.5
5	98.0 ± 1.9	94.8 ± 4.9	61.6 ± 10.2	23.8 ± 3.4	0.7 ± 2.4	0.7 ± 0.3
12	64.1 ± 2.0	53.8 ± 6.6	35.2 ± 9.9	13.7 ± 0.3	0.8 ± 6.3	3.2 ± 0.8

Some compounds have been shown to have variable effects against the different forms of *T. cruzi* (epimastigotes, trypomastigotes, or amastigotes) [28]. Amastigotes are generally more sensitive than epimastigotes. Geranylgeraniol had an IC₅₀ of 12.5 µg/mL against epimastigotes of *T. cruzi*, while its IC₅₀ against amastigote forms was 2.0 µg/mL [25]. Moreover, 18-hydroxycassan-13,15-diene and 6β,18-dihydroxycassan-13,15-diene, diterpenes showed IC₅₀ values of 48.6 and 56.0 µg/mL, respectively, against epimastigotes and 17.4 and 16.6 µg/mL, respectively, against amastigotes [22]. This differential susceptibility could be attributed to differences in the environment of the parasites since epimastigotes and trypomastigotes are free-forms exposed to the external environment, while the amastigote forms live inside a host cell. On the other hand, one cannot exclude that the differences between the assays employed, especially the contact time with the compound, can influence the results of activity between amastigotes and epimastigotes.

Royleanone derivatives are tricyclic abietane diterpenes containing a hydroquinone, with an amphipathic nature, allowing them to cross or damage the cytoplasmic membrane. This gives them some antibacterial activity which can increase or decrease when the lipophilicity and/or the ability to form hydrogen bonds is modified [18]. This ability to alter the membranes may be the reason that these products have shown a high activity as compared to the other diterpenes studied.

The activity of compound **12** could be related to the presence of a C-2 *p*-substituted aromatic ester with a hydroxyl group, which increased its lipophilicity and membrane interactions [17]. This also applies to compounds **3–5**, with two aromatic esters (**3**), or an aromatic ester with a methoxy (**4**) or a chloride (**5**) substituent, respectively [18]. These two diterpenoids (**4** and **5**) have previously demonstrated interesting activity against *Mycobacterium tuberculosis*, showing a better activity than **6**, in which the aromatic ring is substituted with a nitro group [17].

Material and Methods

Natural and semisynthetic diterpenoids

Ten natural diterpenoids were isolated as previously described. Seven abietanes, 7α-acetoxy-6β-hydroxyroyleanone (**1**), 6,7-dehydroroyleanone (**9**), sugiol (**10**), coleon U (**11**), parvifloron D (**12**), (13S, 15S)-6β,7α,12α,19-tetrahydroxy-13β,16-cyclo-8-abietene-11,14-dione (**13**), *ent*-7α-acetoxy-15-beyerene-18-oic acid

► **Table 3** Cytotoxic effects on LC5 and NCTC 929 cells of abietanes **3**, **4**, **5**, and **12** and nifurtimox. All assays were carried out in quadruplicate and were repeated three times (n = 3). Data are expressed as % growth inhibition ± standard deviation relative to untreated controls.

Compound	Concentration (µg/mL)	Concentration (µM)	% cytotoxicity [mean ± SD]	
			LC5	NCTC 929
3	100	166.7	94.6 ± 2.0	98.2 ± 0.6
	10	16.7	0.0	96.7 ± 0.4
	1	1.7	0.0	2.9 ± 0.1
4	100	190.5	95.7 ± 3.2	97.7 ± 0.4
	10	19.0	70.6 ± 3.7	94.3 ± 1.8
	1	1.9	0.0	0.0
5	100	189.0	87.2 ± 2.5	93.9 ± 1.6
	10	18.9	86.4 ± 3.1	82.0 ± 14.7
	1	1.9	7.3 ± 7.0	0.0
12	100	241.0	83.0 ± 0.7	85.7 ± 3.9
	10	24.1	17.6 ± 8.5	95.9 ± 2.7
	1	2.4	0.0	42.6 ± 4.3
Nifurtimox	100	348.1	4.7 ± 4.6	71.1 ± 1.5
	10	34.8	9.9 ± 9.2	25.5 ± 5.4
	1	3.5	6.7 ± 2.2	0.0

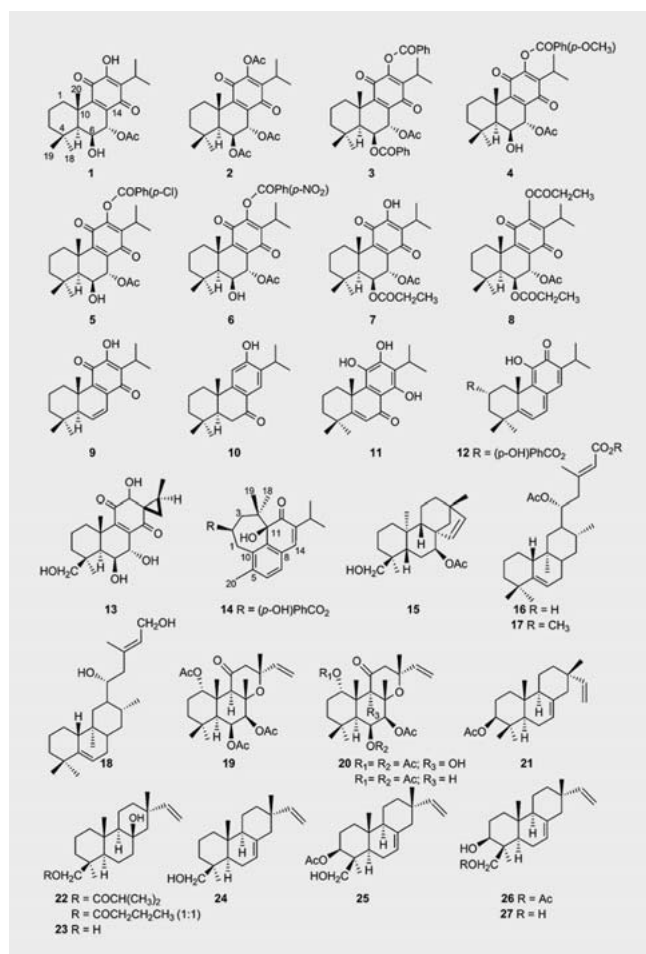
(**15**) [17,29,30], one halimane, (11*R*)-acetoxyhalima-5,13(*E*)-dien-15-oic acid (**16**) [31], two labdanes, 1,6-di-*O*-acetyl-9-deoxyforskolin (**19**), and a mixture (1 : 1) of 1,6-di-*O*-acetylforskolin and 1,6-di-*O*-acetyl-9-deoxyforskolin (**20**) [32] were obtained from *Plectranthus* spp.

Seven pimaranes, 3β-acetoxy-7,15-isopimaradiene (**21**), a mixture (1 : 1) of 3β-isobutyryloxy- and 3β-butyryloxy-8β-hydroxy-15-isopimarene (**22**), 15-isopimarene-8β,19-diol (**23**), 7,15-isopimaradien-19-ol (**24**), 3β-acetoxy-7,15-isopimaradien-19-ol (**25**), 19-acetoxy-7,15-isopimaradien-3β-ol (**26**), and 7,15-isopimaradien-3β,19-diol (**27**) [20] were isolated from *Aeollanthus rydingianus*.

Semisynthetic abietane derivatives **2** to **8** were prepared from 7α-acetoxy-6β-hydroxyroyleanone (**1**) [17,18], while microstegiol derivative (**14**) was synthesized from parvifloron D (**12**) [30]. Halimane methyl ester **17** and diol **18** were prepared from (11*R*)-acetoxyhalima-5,13(*E*)-dien-15-oic acid (**16**) via esterification and hydrolysis procedures [33] (► **Fig. 1**).

► **Table 4** Activity on *T. cruzi* amastigotes of abietanes 3, 4, and 5 at concentrations of 5, 2.5, 1.25, 0.63, 0.31, and 0.16 µg/mL. All assays were carried out in triplicate and were repeated three times (n = 3). Data are expressed as % growth inhibition ± standard deviation relative to untreated controls.

Compound	% growth inhibition [mean ± SD]					
	5 µg/mL	2.5 µg/mL	1.25 µg/mL	0.63 µg/mL	0.31 µg/mL	0.16 µg/mL
3	100.0	100.0	81.4 ± 2.4	22.3 ± 17.3	0.0	0.0
4	100.0	100.0	100.0	100.0	58.5 ± 5.7	0.0
5	100.0	100.0	88.9 ± 1.3	36.6 ± 12.9	9.4 ± 2.2	6.0 ± 1.4
Nifurtimox	100.0	100.0	100.0	100.0	100.0	96.4 ± 0.8



► **Fig. 1** Chemical structures of compounds 1–27.

Parasites

Trypanosoma cruzi Y strain and clone CL-B5 transfected with *Escherichia coli* β-galactosidase gene (*lacZ*) were used to test the antiparasitic effects of the test compounds on epimastigote and amastigote forms, respectively. *T. cruzi* Y strain epimastigotes were grown axenically at 28°C in liver infusion tryptose (LIT) supplemented with 10% heat-inactivated fetal calf serum (FCS; Gibco). CL-B5 epimastigotes were grown at 28°C in LIT with 10% FCS and harvested during the exponential growth phase. Tissue

culture derived trypomastigotes were obtained after infection of nonconfluent fibroblasts with epimastigotes in Minimal Essential Medium (MEM) without phenol red (Sigma).

Cell cultures

Human cell line LC5, derived from the lung tissue of a human embryo were grown in RPMI medium (Sigma) supplemented with 10% FCS at 37°C. NCTC 929 cells were grown in MEM (Sigma) supplemented with 10% heat-inactivated FCS, penicillin G (100 U/mL) and streptomycin (100 µg/mL). Cell cultures were maintained at 37°C in a humidified 5% CO₂ atmosphere. For the experiments, cells in the pre-confluence phase were harvested with trypsin.

Epimastigote susceptibility assay

The activity on epimastigote forms was evaluated on cultures in LIT medium supplemented with 10% heat-inactivated (FCS). Parasites in logarithmic growth phase at an approximate density of 8–10 × 10⁶ epimastigotes/mL were distributed in 96-well flat-bottom plates, each well receiving 90 µL of culture. Compounds were tested at several concentrations (100, 10 and 1 µg/mL) for 72 h. Nifurtimox (Bayer) was used as the positive control and parasite viability was analyzed by a modified MTT colorimetric assay method [34]. All assays were carried out in quadruplicate and were repeated three times. When compounds showed activity, intermediate and lower doses were assayed (5, 2.5, 1.25, 0.63, 0.31 and 0.16 µg/mL) and IC₅₀ values (concentration that inhibits 50% of the growth of the parasites) were determined from nonlinear regression analysis (GraphPad Prism, version 7).

Amastigote susceptibility assay

The activity was evaluated with chlorophenol red-β-D-galactopyranoside (CPRG; Roche) dissolved in 0.9% Triton X-100 (pH 7.4) by a modified colorimetric method [35] described previously by Buckner et al [36]. NCTC 929 fibroblasts were established in 48-well tissue culture plates at a previously determined optimal concentration of 1 × 10⁴ cells/well. NCTC 929-derived trypomastigotes were added to the monolayers at a parasite:cell ratio of 6:1 and incubated for 24 h at 33°C with 5% CO₂. The infected cells were then washed twice with PBS to remove the extracellular trypomastigotes. Compounds were added in triplicate at concentrations of 5, 2.5, 1.25, 0.63, 0.31, and 0.16 µg/mL to give a final volume of 450 µL/well. The plates were incubated for 7 days at 33°C. At this time, 50 µL of CPRG solution (final concentration

400 μM) in 0.3% Triton X-100 was added. Following 3 h of incubation at 37 °C, the colorimetric reaction was quantified by measuring at an optical density (OD) of 595 nm. The results were expressed as percentage of anti-amastigote activity (%AA) relative to control wells, as follows: $\%AA = 100 - [(At - Ab)/(Ac - Ab)] \times 100$, where *At* is the absorbance of treated wells, *Ac* the absorbance of control wells (not treated), and *Ab* the absorbance of blank wells (culture medium and vehicle only). Background controls (NCTC 929 cells only) were subtracted from all values. IC₅₀ values (concentration that inhibits 50% of the growth of the parasites) were determined from nonlinear regression analysis (GraphPad Prism, version 7). All assays were carried out in triplicate and were repeated three times.

Cytotoxicity assay

LC5 cell line and NCTC clone 929 were used for these assays. Cells grown in RPMI or MEM supplemented with 10% FCS at 37 °C under humidified atmospheric conditions of 5% CO₂/95% air were seeded in 96-well flat-bottom microplates with 100 μL medium per well (initial densities of 10⁴ cells per well) and incubated under the same conditions. After 24 h, the medium was removed and added fresh medium containing the compounds. Cells were exposed for 48 h to several concentrations of the test compounds (100, 10, and 1 $\mu\text{g}/\text{mL}$). The toxicity of the reference drug (nifurtimox) was also evaluated. Cell viability was analyzed by the MTT colorimetric assay method [37]. All assays were carried out in quadruplicate and were repeated three times.

Supporting information

Detailed data on the activities of compounds **3**, **4**, **5**, (and **12**) on *T. cruzi* epimastigotes and amastigotes are available as Supporting Information

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Conflict of Interest

The authors declare that there are no conflicts of interest.

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